



# CATERING MENU

2024/2025

For any questions or to order, email us at: [catering@mlfcalgary.com](mailto:catering@mlfcalgary.com) or call (403)-667-9214





# CATERING MENU

For custom orders, information about our no gluten, vegan, vegetarian, no lactose options, email or call us at [catering@mlfcalgary.com](mailto:catering@mlfcalgary.com) and (403) 667-9214.

<b>Ordering Information</b> .....	<b>2</b>
<b>Pastries</b> .....	<b>3</b>
<b>Desserts</b> .....	<b>4</b>
<b>Muffins, Cookies &amp; Squares</b> .....	<b>5</b>
<b>Breakfast &amp; Platters</b> .....	<b>6</b>
<b>Lunch</b> .....	<b>7</b>
<b>Sides, Bags &amp; Beverages</b> .....	<b>9</b>
<b>Custom Orders</b> .....	<b>10</b>

**Blackfoot Trail Location:**

140 8400 Blackfoot Trail SE, Calgary, AB T2H 0A7

Phone: (403) 454-6220

**The Core Location:**

317 7 Avenue SW, Calgary, AB T2P 2Z1

Phone: (403) 300-0925

Due to potential cross-contamination, Les Moulins La Fayette cannot guarantee 100% allergen-free items.



Vegan



No Gluten



No Dairy



Contains Nuts

For any questions or to order please contact [catering@mlfcalgary.com](mailto:catering@mlfcalgary.com) or (403)-667-9214.





## ORDERING INFORMATION

**We require a minimum of 48 hour notice for all orders.**

**Contact us directly at (403)-667-9214 or email [catering@lmfcalgary.com](mailto:catering@lmfcalgary.com) with your order.**

### DELIVERY

Our team offers safe and on-time transportation to all of Calgary and surrounding areas. For more information regarding pricing for delivery, please provide your location of delivery when ordering with us.

### PACKAGING OPTIONS

Aside from our Sharable Platters and Lunch Boxes, all orders are will be delivered in white boxes.

Looking for something different? Here's what we've got:

- Platter Packaging - \$4/platter
- Individual Packaging - custom request
- Add notes, cards, ribbon or logos of your choice - custom request

**Disposables: cutlery, napkins and plates are an additional \$0.50 per person and must be ordered separately from catering products.**

### PAYMENT OPTIONS

Invoice payments can be made securely online (through Quickbooks), via credit card over the phone or in-person at one of our stores.

Due to potential cross-contamination, Les Moulins La Fayette cannot guarantee 100% allergen-free items.



Vegan



No Gluten



No Dairy



Contains Nuts

For any questions or to order please contact [catering@lmfcalgary.com](mailto:catering@lmfcalgary.com) or (403)-667-9214.



# PASTRIES

Butter Croissant - \$3.50

🍪 Almond Croissant - \$6.25

Croissant au Fromage - \$3.85

Chocolatine - \$4.75

Cinnamon Danish - \$4.75

Raisin Danish - \$4.75

Apricot Delight - \$4.75

Apple Turnover - \$4.75

Brioche - \$5.35

🍪 Apple & Walnut

Berries

Coconut

🍪 Nutella

🍪 Nutella & Strawberry Croissant - \$7.45

Customize your own - custom pricing

Ask for Seasonals

## Mini Pastries:

*Our recommendation: 3 mini pastries per person*

**\$2.30**

Butter Croissant

Croissant au Fromage

Chocolatine

Cinnamon Danish

Raisin Danish

Apricot Delight

Brioche - \$3.50

🍪 Apple & Walnut

Berries

Coconut

🍪 Nutella

🍪 Almond Croissant - \$3.10

🍪 Nutella & Strawberry Croissant - \$3.75

*All pastries are served in white boxes. Upgrade your packaging to plastic platters for \$4/platter.*



Mini Apricot Delight & Chocolatine Pastries  
(platter of 40)



Nutella & Strawberry Croissant  
(box of 5)



Mini Almond Croissants  
(platter of 10)



# DESSERTS

## Individually Sized Desserts:

**\$7.75**

- 🍰 Cheesecake
- 🍰 3 Chocolates Cake
- 🍰 Tartelette Tropézienne
- 🍰 Palais Royale
- 🍰 Chantilly Éclair
- 🍰 Millefeuille
- 🍰 Paris Brest
- 🍰 Opéra Cake
- 🍰 Black Forest
- 🍰 Chocolate Macaron
- 🍰 Chocolate Caramel
- 🍰 Crème Brûlée
- 🍰 Lemon Tartelette
- 🍰 Lava Cake
- 🍰 Tiramisu
- 🍰 Raspberry Praline
- 🍰 Raspberry Macaron
- 🍰 Chocolate Éclair
- 🍰 Rum Ball
- 🍰 Ask for Seasonals

## Full Cakes:

- 🍰 Opera (serves 8-10) - \$37.50
- 🍰 Black Forest (serves 6-8) - \$37.50
- 🍰 Raspberry Praline (serves 6-8) - \$32.00
- 🍰 Raspberry Praline (serves 8-10) - \$37.50
- 🍰 Palais Royale (serves 6-8) - \$40.00
- 🍰 Palais Royale (serves 8-10) - \$46.00
- 🍰 Tiramisu (serves 6-8) - \$37.50
- 🍰 Chocolate Caramel (serves 6-8) - \$37.50
- 🍰 Lemon Pie (serves 6-8) - \$32.00
- 🍰 3 Chocolates Cake (serves 6-8) - \$37.50
- 🍰 Paris Brest (serves 8-10) - \$40.00
- 🍰 Berries Cheesecake (serves 6-8) - \$37.50



Chantilly Éclair



Raspberry Macaron



Chocolate Caramel Cake  
(serves 6-8)



# MUFFINS, COOKIES & SQUARES

## Muffins:

Mini - \$2.05

Regular - \$4.10

Plain

Double Chocolate

🍪 Hazelnut & Praline

Pear & Chocolate

Raspberry & Banana

🍪 Dates & Flaxseed

Blueberries

Marble

Cranberry Chocolate

Poppyseed & Lemon

🍪 Monkey Bread

🌿🍪 No Gluten Muffin:

Mini - \$2.50

Regular - \$5.10

## Cookies:

Assorted Cookies - \$3.25

Double Chocolate

Red Velvet

Oatmeal Raisin

🍪 Florentin - \$5.10

Palmier - \$4.25

Shortbread - \$3.75

🌿🍪 Macaron box of 6 - \$14.50

🌿🍪 Macaron box of 12 - \$27.50

## Squares:

Plain Brownie - \$4.25

🍪 Walnut Brownie - \$4.45

Date Square - \$4.10



Assorted Macarons  
(box of 24)



Mini Pear & Chocolate Muffins  
(box of 13)



Red Velvet Cookies  
(custom bags of 3)



# BREAKFAST & PLATTERS

## Breakfast:

### Light Breakfast - \$7.75

- Yogurt Parfait
- ✔️ 🌿 Fruit Cup
- Oatmeal Parfait

### Breakfast Sandwich - \$9.85

- Ham, Cheese & Egg Croissant
- Turkey, Cheese & Egg Croissant
- Chicken, Cream Cheese & Egg Croissant

### Breakfast Plates

- Bacon, Egg, Potato & Croissant - \$17.45
- French Toast Breakfast - \$17.35
- Continental Breakfast - \$20.35

### Mini Breakfast Sandwich - \$5.95

- Our Recommendation: 2-3 per person
- Mini Ham, Cheese & Egg Croissant
- Mini Turkey, Cheese & Egg Croissant
- Mini Chicken, Cream Cheese & Egg Croissant

## Sharable Platters:

- ✔️ 🌿 Small Fruit Platter (serves 10) - \$52.00
- ✔️ 🌿 Large Fruit Platter (serves 20) - \$92.00

- ✔️ 🌿 Small Veggie Platter (serves 10) - \$52.00
- ✔️ 🌿 Large Veggie Platter (serves 20) - \$92.00

- Assorted Mini Pastries Platter (includes 30) - \$79.00
- Assorted Mini Muffins Platter (includes 25) - \$55.00
- Assorted Mini Sandwiches Platter (includes 20) - \$106.00

- Cheese Platter (serves 20) - \$90.00
- Charcuterie Platter (serves 20) - \$102.00



Charcuterie Platter  
(serves 20)



Large Fruit Platter  
(serves 20)



Cheese Platter  
(serves 20)



# LUNCH

## Mini Sandwiches:

*Our recommendation: 2-3 mini sandwiches per person*

**\$5.10**

Ham & Cheese Croissant  
Turkey & Cheese Croissant  
Mini Brioche  
🍷 Chicken Pesto  
Beef

Pork BBQ  
Smoked Salmon  
✓ Vegan Mushroom  
Custom Mini Sandwich – custom pricing  
✂️ Mini No Gluten Sandwich – \$5.75

*All mini sandwiches are served in white boxes. Upgrade your packaging to plastic platters for \$4/platter.*

## Sandwiches & Others:

**Sandwich - \$10.45**

🍷 Chicken Pesto  
Beef Brioche  
Pork BBQ  
Smoked Salmon  
Turkey & Bacon  
✓ Vegan Mushroom

**Gourmet Sandwich - \$11.80**

Salami Baguettine  
French Beef Dip  
🍷 Bacon, Pear & Brie  
Chicken Pesto Baguettine  
✂️ No Gluten Sandwich

**Savoury Pastry - \$8.85**

Ham & Cheese Croissant  
Turkey & Cheese Croissant  
Chicken & Cream Cheese Croissant

**Puff Pastry - \$9.35**

Spinach & Goat Cheese  
Ham & Cheese  
Chicken Broccoli

**Quiches - \$9.35**

Roasted Pepper Goat Cheese  
Leek, Bacon & Cheddar  
Lorraine (Ham & Cheese)  
Spinach, Olive & Tomato

**Lasagna - \$11.25**

Beef  
Chicken & Goat Cheese

**Sandwich Lunch Box - \$22.50 - \$25.50**

Includes: Sandwich/specialty sandwich, side of soup/salad, and choice of one individually sized dessert

**Savoury Pastry Lunch Box - \$21.50**

Includes: Savoury pastry/quiche, soup/salad, and choice of one individually sized dessert



# LUNCH



- 1) Chicken Pesto Sandwich
- 2) Mini Turkey & Cheese Croissant
- 3) Mini Pork BBQ Brioche (custom)
- 4) Mini Ham & Cheese Croissant
- 5) Salami Baguettine





# SIDES, BAGS & BEVERAGES

## Salads:

Individual - \$7.35  
Salad for 10 - \$50.00  
Salad for 20 - \$95.00

- Caesar
- ✓ ✂ Green
- ✂ Greek
- ✓ ✂ Tropical
- Pasta
- ✓ ✂ Quinoa
- ✓ ✂ Chickpea

## Soups:

Individual - \$7.45

- ✂ Broccoli Cream
- 🚫 ✂ Roasted Pepper & Tomato Cream
- ✂ Vegetable Cream

## Beverages:

\*Coffee Carafe - \$2.50/person  
\*Tea Carafe - \$2.50/person  
\*Hot Chocolate Carafe - \$3.00/person

Pop - \$3.75  
Coke (regular, diet or zero)  
Nestea  
Canada Dry

Water Bottle - \$3.15  
San Pellegrino - \$ 3.95  
Perrier Water - \$3.75  
Bubly - \$3.50  
Juices (Apple & Orange) - \$3.75

*\*Minimum of 10 people order for carafe.  
All carafe orders include cups, lids,  
napkins, stir sticks, sugar and cream.*

## Bags:

- ✂ 🚫 Mendiants - \$7.50
- 🚫 Maple Popcorn - \$7.30
- Mini Maple Shortbread - \$7.95
- 🚫 Mini 3 Flavours Shortbread - \$7.95
- Mini Palmier - \$7.95
- ✓ ✂ Vanilla Marshmallows - \$7.95
- ✓ ✂ Raspberry Marshmallows - \$7.95
- 🚫 ✂ Meringue Bag - \$10.95
- Cheese Straw - \$6.25
- Croutons Bag - \$4.10



# Custom Orders



## Looking for something unique?

We offer custom orders for small cakes, dessert and baked goods spreads for events like weddings, birthday parties, bridal showers, and more.

Our team also provide set-up services and beautiful displays to elevate your dessert experience.

Contact us at (403)-667-9214 or email us at [catering@mlfcalgary.com](mailto:catering@mlfcalgary.com) today to discuss your custom catering needs.





## ORDERING INFORMATION

**We require a minimum of 48 hour notice for all orders.**

**Contact us directly at (403)-667-9214 or email [catering@lmfcalgary.com](mailto:catering@lmfcalgary.com) with your order.**

### DELIVERY

Our team offers safe and on-time transportation to all of Calgary and surrounding areas. For more information regarding pricing for delivery, please provide your location of delivery when ordering with us.

### PACKAGING OPTIONS

Aside from our Sharable Platters and Lunch Boxes, all orders are will be delivered in white boxes.

Looking for something different? Here's what we've got:

- Platter Packaging - \$4/platter
- Individual Packaging - custom request
- Add notes, cards, ribbon or logos of your choice - custom request

**Disposables: cutlery, napkins and plates are an additional \$0.50 per person and must be ordered separately from catering products.**

### PAYMENT OPTIONS

Invoice payments can be made securely online (through Quickbooks), via credit card over the phone or in-person at one of our stores.

Due to potential cross-contamination, Les Moulins La Fayette cannot guarantee 100% allergen-free items.



Vegan



No Gluten



No Dairy



Contains Nuts

*For any questions or to order please contact [catering@lmfcalgary.com](mailto:catering@lmfcalgary.com) or (403)-667-9214.*



# Wedding Catering

